

**Upasana** – (origin: Hindi) means worship, the essence of which reflects in all her paintings.

Currently based in Singapore, she derives inspiration from her natural surroundings. From the narrow lanes of rural India to the ultra modern neighbourhood of Hong Kong, she has always tried to bring on canvas what she beholds around her.

Born in 1981 to a Indian business class family, she broke the shackles of conservative “Marwari” family by spreading her wings of creativity. Expressing her inner self through poems and bringing her thoughts out through sketches.

As she grew, she took baby steps in experimenting her skills by sketching the local celebrations and festivity. As the next step, she reinforced her belief in arts by pursuing her graduation in Fine arts (painting) from Banasthali Vidyapith Rajasthan, India, in 1991 to 2002 . Later she studied painting at the university of Hong Kong in 2012 to 2013 and Nayang Academy of Fine arts in 2014.

Married in 2005, she had travelled to Middle East, Hong Kong and is now based in Singapore with her family. Her travels to different places and her experience of different cultures diversified her thought process. This has added to her way of articulation of her thoughts into art. From the Arabic architecture of Qatar, travelling across peaks and high rises of Hong Kong to tropical sea side of Singapore, there is every bit of her learning in her works of art.

She has always been inspired by nature she started with landscapes in water colour. Gradually she moved to abstraction, with the preference of creating it under the open skies. The surrounding is the key ingredient which sub-consciously reflects in her use of abstraction. The effect is multiplied by her very own interpretations of the subject, which adds on the meaning.

In her paintings, at inception the nature and the beholder(herself) are separate, but by the moment of completion they both vibrate in unison. That's why in some ways her works are the examples of the union of “prakriti” (nature) and “purush” (herself).

## **Exhibition**

**2002 :Graduation show, in Rajasthan, India**

**2014 :Group Exhibition in August 28<sup>th</sup>-14<sup>th</sup> September at Reading room. Singapore**

**2015:Group Exhibition in Jun 13<sup>th</sup>-18<sup>th</sup> at ION Orchard Gallery . Singapore**